



# **SOUL SOLUTION JOURNEYS**

**An Audio Sequel to the Book *The Soul Solution*  
with Jonathan Parker**

Deepen your soul journey that you began while reading Jonathan's book, *The Soul Solution*, with this audio program of discussions and guided meditations. This program was designed for those who have read Jonathan's book and who wish to deepen the experience, but is suitable for anyone on a spiritual path.

Your soul is the traveler across time and is always leading you ever closer to your true home and the discovery of the light of divine consciousness within you. Your soul is also your key to resolve all your challenges and create and attract everything you could ever need.

Your soul is sometimes referred to as your Higher Self or True Self, and it is your spark of the divine. This deeply spiritual program intensifies the soul's presence and healing light within you, and takes you into deep clearing of core issues that keep you separated from God and your divine nature. The soul is what we find reflected in the sublime qualities of the sages and saints throughout history, and through this 8-hour program you will discover the truth, beauty, love, and harmony that are only possible through the soul.

This 8-Hour program includes 9 discussions, 8 guided meditations, and 3 programs of soul affirmations.

Program 1a - Discussion: Soul Connections - What is the soul and in what ways it will benefit you. (13:11)

Program 1b - Discussion: Your Soul Center - Your doorway to divinity and all creative power. (9:42)

Program 1c - Meditation: Connecting with the Soul Presence. (38:16)

Program 2a - Discussion: Your True Self. The nature of the false self. How to find the True Self. (13:41)

Program 2b - Meditation: Finding Your Soul Center (58:05)

Program 2c - Soul Center Affirmations (16:33)

Program 3a - Discussion: Releasing the Ego's Layers (7:14)

Program 3b - Meditation: Soul Connections to Light & Clearing (47:44)

Program 3c - Soul Clearing Affirmations 1 (17:28)

Program 3d - Soul Clearing Affirmations 2 (15:11)

Program 4a - Discussion: Mindfulness, Acceptance & Letting Go (17:03)

Program 4b - Meditation: Self-Discovery is Soul Discovery and Self-Realization (45:46)

Program 5a - Discussion: Your Soul Mission in Life (10:33)

Program 5b - Meditation: Observing, Surrendering, and Transforming with the Soul (36:45)

Program 6a - Discussion: How to Find & Connect with the Soul (13:50)

Program 6b - Meditation: The Soul's Nature of Love (28:55)

Program 7a - Discussion: Obstacles to Soul Realization and How to Dissolve Them (12:23)

Program 7b - Meditation: Deepen into the Soul's Presence (40:24)

Program 8a - Discussion: The Realms of Consciousness (6:08)

Program 8b - Meditation: Exploring the Realms of Consciousness (59:42)

**[www.JonathanParker.org](http://www.JonathanParker.org)**